HANDi app

Our HANDi app aims to provide advice and support to parents and carers when your child is unwell.

The HANDi app offers simple and straightforward advice, for the following conditions in children:

- diarrhoea and vomiting
- high temperature
- 'chesty baby' illnesses, such as bronchiolitis, asthma and croup
- 'chesty child' illnesses, such as wheezing and asthma
- common newborn problems
- tummy pain
- head injuries.

The app takes you through a series of questions about the symptoms your child is experiencing and then advises on the best course of action, whether that's to treat at home, to make a GP appointment, or to head to A&E.
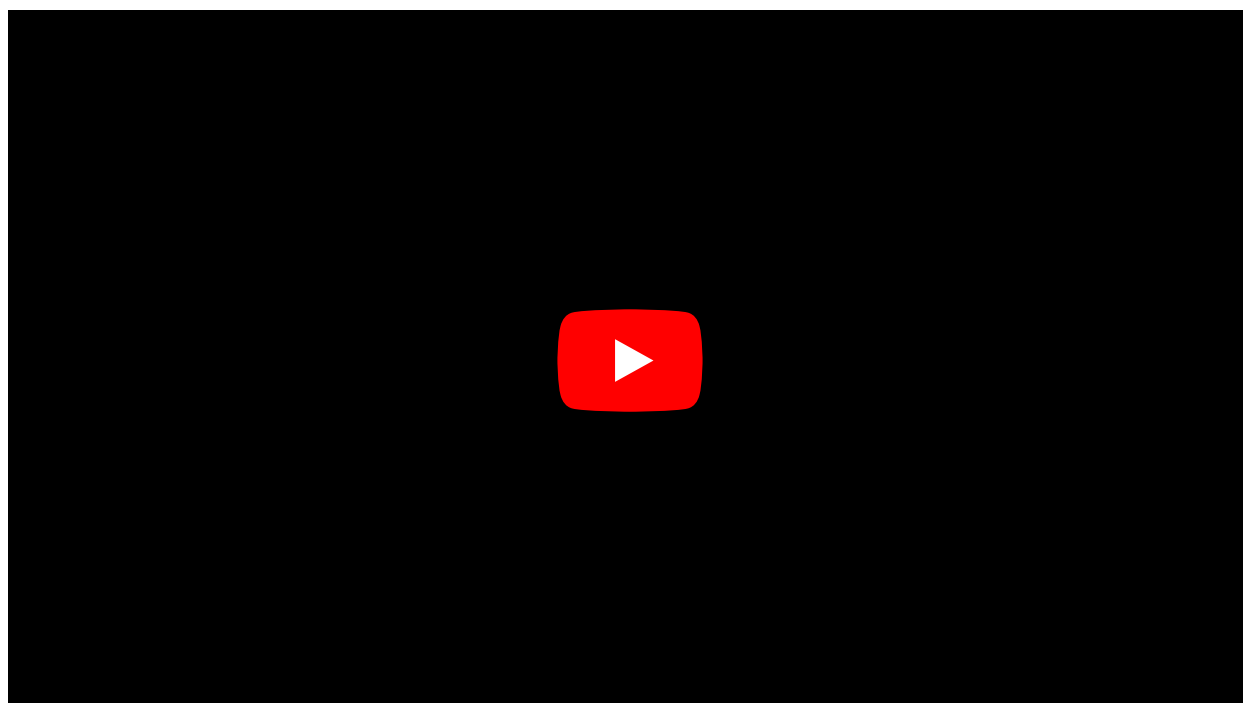
Each of the illnesses has a home care plan to help you provide the best support for your child, and give you confidence in caring for them when they are unwell.

How to download the HANDi app

Download the HANDi App for Android phones at **Google Play (https://play.google.com/store/apps/details?id=com.myoxygen.handi.taunton)**.

For iPhone or iPad you can download it from the app store or **iTunes (https://itunes.apple.com/gb/app/handi-paediatric/id969445171?mt=8)**, using the search term 'HANDi App'.

More information to help you care for a poorly child

▶ **How pharmacists can help** (https://bnssg.icb.nhs.uk/health-and-care/pharmacies/)

▶ **Which NHS service should I use?** (https://bnssg.icb.nhs.uk/health-and-care/which-nhs-service-should-i-use/)

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► **NHS.UK: Health A to Z**(https://www.nhs.uk/conditions/)

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